

Herbalism

	Alchemy Skill	Peacebloom	Silverleaf	Earthroot	Mageroyal	Briarthorn	Swiftthistle	Stranglekelp	Bruiseweed	Wild Steelbloom	Grave Moss	Kingsblood	Liferoot	Faceleaf	Goldthorn	Knadgar's Whisker	Wintersbite	Firebloom	Purple Lotus	Wildvine	Arthas' Tears	Sungrass	Blindweed	Ghost Mushroom	Gromsblood	Golden Sansam	Dreamfoil	Mountain Silversage	Plaguebloom	Icecap	Black Lotus (BoP)	
Herbalism Skill		1	1	15	50	70	N/A	85	100	115	120	125	150	160	170	185	195	205	210	N/A	220	230	235	245	250	260	270	280	285	290	300	
Recipes:		Swiftthistle can be found with Mageroyal and Briarthorn - Wildvine can be found with Purple Lotus																														
Minor Healing Potion	1	1	1																													
Elixir of Minor Defense	1		2																													
Elixir of Lion's Strength	1		1	1																												
Weak Troll's Blood Potion	15	1		2																												
Minor Mana Potion	25		1		1																											
Minor Rejuvenation Potion	40	1			2																											
Elixir of Minor Agility	50		1				1																									
Elixir of Minor Fortitude	50	1		2																												
Discolored Healing Potion*	50	1																														
Lesser Healing Potion*	55					1																										
Swiftness Potion	60					1	1																									
Rage Potion*	60					1																										
Blackmouth Oil*	80																															
Elixir of Giant Growth*	90			1																												
Elixir of Water Breathing*	90							1																								
Elixir of Wisdom	100				1	2																										
Swim Speed Potion*	100						1																									
Holy Protection Potion	100						1		1																							
Healing Potion	110					1			1																							
Minor Magic Resistance Potion	110				3					1																						
Elixir of Poison Resistance*	120								1																							
Lesser Mana Potion	120				1			1																								
Strong Troll's Blood Potion	125					2			2																							
Fire Oil*	130																															
Elixir of Defense	130							1		1																						
Shadow Protection Potion	135										1	1																				
Elixir of Firepower*	140											1																				
Elixir of Lesser Agility	140						1			1																						
Free Action Potion*	150							1																								
Elixir of Ogre's Strength	150			1								1																				
Greater Healing Potion	155											1	1																			
Mana Potion	160							1				1																				
Fire Protection Potion*	165																															
Lesser Invisibility Potion	165									1				1																		
Shadow Oil	165										4			4																		
Great Rage Potion*	175											1																				
Elixir of Fortitude	175									1					1																	
Mighty Troll's Blood Potion	180								1				1																			

Herbalism

	Alchemy Skill	Peacebloom	Silverleaf	Earthroot	Mageroyal	Briarthorn	Swiftthistle	Stranglekelp	Bruiseweed	Wild Steelbloom	Grave Moss	Kingsblood	Liferoot	Faceleaf	Goldthorn	Knadgar's Whisker	Wintersbite	Firebloom	Purple Lotus	Wildvine	Arthas' Tears	Sungrass	Blindweed	Ghost Mushroom	Gromsblood	Golden Sansam	Dreamfoil	Mountain Silversage	Plaguebloom	Icecap	Black Lotus (BoP)				
Herbalism Skill		1	1	15	50	70	N/A	85	100	115	120	125	150	160	170	185	195	205	210	N/A	220	230	235	245	250	260	270	280	285	290	300				
Elixir of Agility	185							1							1																				
Elixir of Frost Power	190															1	2																		
Frost Protection Potion	190														1		1																		
Nature Protection Potion	190							1					1																						
Elixir of Greater Defense	195									1					1																				
Elixir of Detect Lesser Invisibility	195													1		1																			
Catseye Elixir	200													1	1																				
Frost Oil	200																																		
Oil of Immolation	205														1			1																	
Greater Mana Potion	205														1	1																			
Magic Resistance Potion	210															1			1																
Goblin Rocket Fuel*	210							Also uses 1x Volatile Rum																											
Superior Healing Potion	215															1						1													
Lesser Stoneshield Potion*	215							Also uses 1x Mithril Ore																											
Philosopher's Stone*	225							Also uses 4x Iron Bar and 1x Black Vitriol																											
Transmute: Gold*	225															Uses 1x Iron Bar, Philosopher's Stone (not consumed)																			
Transmute: Truesilver*	225															Uses 1x Mithril Bar, Philosopher's Stone (not consumed)																			
Wildvine Potion*	225																		1	1															
Dreamless Sleep Potion	230																		3																
Elixir of Detect Undead	230																				1														
Invisibility Potion	235																					1		1											
Arcane Elixir	235														1									1											
Elixir of Greater Intellect	235															1								1											
Elixir of Dream Vision	240																																		
Elixir of Greater Agility	240														1							1													
Gift of Arthas	240																					1		1											
Ghost Dye*	245							Also uses 1x Purple Dye																											
Elixir of Giants	245																																		
Elixir of Detect Demon	250																																		
Elixir of Demonslaying	250																																		
Elixir of Shadow Power	250																																		
Limited Invulnerability Potion	250																																		
Stonescale Oil*	250															Uses 1x Stonescale Eel																			
Mighty Rage Potion	255																																		
Superior Mana Potion	260																																		
Elixir of Superior Defense*	265							Also uses 2x Stonescale Oil																											
Elixir of the Sages	270																														1		2		
Elixir of Brute Force	275																																2		
Transmute: Arcanite*	275															Uses 1x Thorium Bar, 1x Arcane Crystal, Philosopher's Stone (not consumed)																			

Herbalism

		Alchemy Skill																														
Herbalism Skill		1	1	15	50	70	N/A	85	100	115	120	125	150	160	170	185	195	205	210	N/A	220	230	235	245	250	260	270	280	285	290	300	
		Peacebloom	Silverleaf	Earthroot	Mageroyal	Briarthorn	Swiftthistle	Stranglekelp	Bruiseweed	Wild Steelbloom	Grave Moss	Kingsblood	Liferoot	Facelief	Goldthorn	Knadgar's Whisker	Wintersbite	Firebloom	Purple Lotus	Wildvine	Arthas' Tears	Sungrass	Blindweed	Ghost Mushroom	Gromsblood	Golden Sansam	Dreamfoil	Mountain Silversage	Plaguebloom	Icecap	Black Lotus (BoP)	
Desolace	30-40							X	X	X	X	X													X							
Mulgore	1-10	X	X	X																												
Dustwallow Marsh	35-45							X				X	X	X	X	X																
Feralas	40-50														X	X			X	X		X										
Thousand Needles	25-35				V				X/V	X/V		X/V	V																			
Silithus	54-60																															
Un'Goro Crater	48-55																									X	X					
Tanaris Desert	40-50																	X	X	X												
Eastern Kingdoms:		X denotes a ground spawn - V denotes a vendor with a limited supply																														
Tirisfal Glades	1-10	X/V	X/V	X/V	V				V																							
Western Plaguelands	50-58																					X						X	X	X		
Eastern Plaguelands	53-60																					X	X			X	X	X	X			X
Silverpine Forest	10-20	X	X	X	X	X	X	X	X																							
Alterac Mountains	30-40							X	X		X	X	X	X	X	X	X						X									
The Hinterlands	45-50											X	X	X	X				X	X		X		X		X						
Hillsbrad Foothills	20-30				X	X	X	X	X	X		X	X			X																
Arathi Highlands	30-40								X	X	X	X	X	X	X	X																
Wetlands	20-30			V	X/V	X	X	X	X/V	X/V	X	X/V	X/V																			
Dun Morogh	1-10	X	X	X																												
Loch Modan	10-20	X	X	X	X	X	X		X																							
Searing Gorge	43-50																	X														
Badlands	35-45									X		X		X	X	X		X	X	X												
Burning Steppes	50-58																										X	X	X			X
Elwynn Forest	1-10	X	X	X/V	V				V	V		V	V																			
Redridge Mountains	15-25			X/V	X/V	X	X		X/V	V		V	V																			
Westfall	10-20	X	X	X	X	X	X	X	X																							
Duskwood	18-30			V	X/V	X	X		X/V	X/V	X	X/V	V																			
Swamp of Sorrows	35-45							X				X	X	X	X	X							X									
Stranglethorn Vale	30-45							X		X		X	X	X	X	X			X	X												
Blasted Lands	45-55																	X				X			X							

Special thanks to Thottbot and Allakhazam where most of this info comes from